

RESTORE BALANCE  
THIS MORNING

Our SuperFoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients, *antioxidants and delicious taste so you can start your day feeling recharged.*

**superfoods**

Wild salmon, blueberries, oranges, apples, tomatoes, soy, oats, yogurt, walnuts, honey, avocado, egg whites, cinnamon, whole grains, spinach...

**invigorate****G MARKET FRESH FRUITS & BERRIES**

A bountiful selection of the seasons best with local cooper's honey flavored yogurt 11

**STEEL-CUT CINNAMON SCENTED OATMEAL**

Peach compote, walnuts, local cooper's honey drizzle 9

**WHOLE GRAIN CEREAL OR CRUNCHY ALL NATURAL GRANOLA**

Seasonal berries or sliced bananas and choice of milk 11

**RENEWAL**

Chef's blend of granola, natural yogurt, seasonal fruit, fresh berries and fruit smoothie of the day 13

**rejuvenate**

Served with bottomless Starbucks coffee or Tazo teas

**EGG WHITE AND FRESH SPINACH FRITATA**

Folded with sautéed onions, low-fat cheddar cheese, slow roasted tomato, baby spinach salad, balsamic drizzle 13

**TRADITIONAL EGGS BENEDICT\***

Canadian bacon, English muffin, hollandaise, hash browns 14 substitute smoked salmon for 4

G

**from the griddle**

BUTTERMILK PANCAKES 10

BANANA PANCAKES 12

Union Horse reserve whisky maple syrup, Chantilly cream

BLUEBERRY BUTTERMILK PANCAKES 11

BRIOCHE FRENCH TOAST 12

Caramelized apples and cranberries

BELGIAN WAFFLE 12

Berry compote, Chantilly cream

Orange 3  
Grapefruit 3  
Cranberry 3  
Apple 3  
V8 3  
Tomato 3  
Pineapple 3

Tazo Teas Assorted Decaf and Regular 3  
Espresso 3  
Cappuccino 4  
Latte 4  
Mocha 4  
Coffee Decaf and Regular 3

**breakfast table**

Seasonal fruits and berries, yogurt, steel cut oatmeal, whole grain cereals, all natural granola, eggs, smoked bacon, sausage, breakfast potatoes, waffle bar, fresh bakery selections, bagels with cream cheese, selection of breakfast juices, freshly brewed Starbucks coffee and assorted Tazo teas 16

**indulge**

Served with bottomless Starbucks coffee or Tazo teas

**CONTINENTAL BREAKFAST**

Two breakfast pastries, butter, preserves, yogurt parfait with berries 12

**G THREE EGG OMELET\***

**choose three items** from the following: spinach, peppers, red Onions, scallions, mushrooms, country ham, pork sausage, turkey sausage, Swiss cheese, cheddar cheese and jack cheese. Served with hash browns and toast 14 Add Smoked Salmon 4

**G AMERICAN BREAKFAST WITH CAGE FREE EGGS\***

Two eggs, with your choice of, bacon, pork sausage, turkey sausage, or ham steak with breakfast hash browns, toast 13

**BREAKFAST COMBO\***

Two cage free eggs your way, two strips of smoked bacon, two plain buttermilk pancakes with syrup 14

**THE WESTIN**

KANSAS CITY  
AT CROWN CENTER

**BREAD CHOICES 4**

WHITE  
WHOLE WHEAT  
MARBLE RYE  
SOUR DOUGH

**FRESH PASTRY CHOICES 4**

FRUIT DANISH  
CHEESE DANISH  
MAPLE NUT DANISH  
BRAN MUFFIN

**options**

Toast with butter & preserves 4  
Hash browns 4  
Grilled ham 5  
Sausage links 5  
Smoked bacon 5  
Yogurt parfait 6   
choice of blueberry, raspberry or blackberry with granola and vanilla  
Bagel with cream cheese 5

**dairy**

Whole milk  
2% milk  
Skim milk   
Soy milk  
Almond milk  
Chocolate milk

**JUICES**

Celery, cucumber, lime, coconut water 7  
Carrot, orange, ginger, turmeric, mango 7

**SMOOTHIES**

Kale, spinach, banana, mango, cinnamon smoothie 7  
Raspberry, strawberry, mint, rose water, dates, almond milk smoothie 7



For parties of 8 or more there will be an automatic service charge of 18% added to your check. \*these items may contain raw or undercooked ingredients. \*consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness. We take pride in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet, please be aware that they may be prepared in an environment where gluten is present. Please consult your physician as to your personal health decisions. We ask that you please allow a minimum of 20 minutes for gluten-free menu preparations. please ask your server  about any gluten free options that may be available.